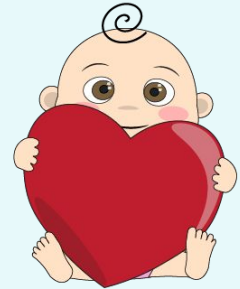
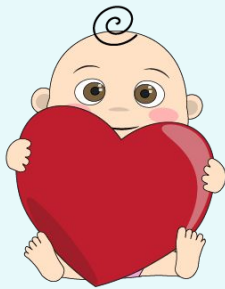




Conceptual Options

Partnering for Parenthood since 1999

May Newsletter



MAY FUN FACTS

1. May 10th is Mother's Day;
2. May's birthstone is the Emerald;
3. May's flower is Lily of the Valley;
4. May 25th is Memorial Day;
5. May was named after the Greek goddess of fertility.

UPCOMING MANDATORY SUPPORT GROUPS

PLEASE NOTE THAT FOR THE MONTH OF MAY ALL SUPPORT GROUPS WILL BE DONE BY VIDEO OR PHONE!

Please contact your Case Manager if you have any questions. Additionally, you should have received a Support Group E-mail with instructions regarding Zoom Video Call codes & the Tele-Support Phone Number & Code.

Poway Video Support Groups

Poway Video Support Group - Afternoon

Thursday 05/21/2020 @ 12:30 pm

Poway Video Support Group - Evening

Thursday 05/21/2020 @ 5:30 pm

Video Support Group

The Video Support Group will take place on **May 21st** at 12:00 pm.

Please see support group e-mail for more information!

Tele-Support Groups

Group A | Wednesday 05/13/2020 @ 10:00 am PST

Group B | Wednesday 05/13/2020 @ 12:30 pm PST

Group C | Monday 05/11/2020 @ 6:00 pm PST

Make-Up | Monday 05/25/2020 @ 12:00 pm PST



UPCOMING CO EVENTS

May 11

Group C Tele-Support

May 13

Group A & B Tele-Support

May 20

Video Support Group

May 21

Out of State Video Support Group

May 21

Poway Video Support Groups

May 25

Make-Up Tele-Support Group



CONGRATULATIONS



MARCH BIRTHS

Marisol

Marissa

APRIL BIRTHS

Keyonia

Emilia

Kanasha

****See Support Group E-mail for Phone Number & Code****



CONCEPTUAL OPTIONS' MAY SURROGATE SPOTLIGHT IS:



Kanisha

On April 14, 2020 at 8:37am I gave birth to a healthy handsome 10lb 14oz baby boy unmedicated like I had planned. For me to give birth during COVID-19 was scary and unimaginable, but I had the one support person who will never leave my side and that was my father. When COVID-19 hit I was about 36 weeks pregnant, a full-time nursing student and a single mother of two boys, just trying to finish my last semester and carry my belly buddy to term. As things were progressing in society, I was getting anxious of being at home and wondering if I will be safe and what delivery will be like, because things kept changing in the hospital. My belly buddy parents weren't here yet and I wasn't sure how they were going to get to the US from China because there was a travel ban to fly into the US. When it got closer my doctor kept asking me if I wanted to be induced and I told him "No, I wanted to go on my own like my other two children and the baby parents weren't here yet". My doctor scheduled me an appointment on a Tuesday three days after my due date and told me if I didn't go into labor by then he would induce me.

But guess what? Monday rolled around and still no baby. I had contractions here and there through the weekend but nothing strong enough to make me go to hospital, so around 5:30 am I rolled over to get up and go to bathroom and I felt some fluid then stood up and a gush of fluid came out I was like there goes my water. At that time, I called my Dad to come, called the IP's, took a shower and got my boys ready so they could go with their Gigi. Once we got to the hospital my temperature was checked as well as a questionnaire asking if I have traveled anywhere in the last 14 days and then sent to L&D. After I was settled the nurse checked me said I was about 5-6cm and she notified the doctor. During that time another nurse came and let me know the Intended Father was there but couldn't attend the birth or be in the hospital because he wasn't in the states for 14 days at that time, he had only been in the States for 7 days. About an hour later doctor checked me and I was at 10 cm and ready to start pushing, less than 30 minutes later he was born. At that point I knew my journey wasn't over, but that I would take care of my belly buddy until we were discharged. I could have gotten discharged that day, but I felt that it was my job to make sure that I took care of my belly buddy till he was safely in his family arms. I took every precaution to make sure we didn't contract COVID-19.

Unfortunately, we didn't get discharged that day because his bilirubin levels were up and had to do phototherapy to bring them down. We stayed in the hospital for two days and I took care of him the way his mother would. I appreciate being able to spend time with him because I didn't know what it would be like to just hand him over, which made it easier to transition my feelings and not get overly emotional. This was my first journey and it was amazing to be able to carry a child for a family that wasn't able to do so on their own. I feel empowered that my body was able to give birth to a child that wasn't mine. Handing over my belly buddy was short, sweet and unheard of because it was curbside due to the fact the Intended Father wasn't allowed inside because of COVID-19. It takes a strong woman to give birth but an even stronger woman to give birth during a pandemic where some women weren't even allowed to have anyone in the room. Becoming a surrogate was a life changing experience as well as rewarding in every aspect.

CO REFERRAL BONUS PROGRAM!!



Do you know a woman who would be a fantastic Surrogate? Refer her to our program & get a bonus!

If you refer a **FIRST-TIME** Surrogate to our program you will receive **\$500** when she receives legal clearance!!

If you refer an **EXPERIENCED** Surrogate to our program you will receive **\$1,000** when she receives legal clearance!!

If you have any additional questions about the referral program, please contact one of our Surrogate Intake Team.

FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE & LEARN ABOUT NEW CONTESTS!



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